



Week 3 Discussion Guide

WARM UP

Watch: Week 3 video at <http://rcunleashed.org/groups/group-content/>

THE TEXT: WHAT DOES IT MEAN FOR ME?

Someone read Hebrews 12:1c “Let us run with endurance the race that lies before us.”

- Describe a time in your life when you wanted to quit something but didn't. What emotions did finishing bring up in you?
- The past couple of weeks our Sunday message has focused on running the race God has set for us, and specifically our Unleashed generosity initiative. What are some ways or circumstances that have caused you to want to give up on Unleashed? What was the outcome?
- When you consider the phrase 'pushing your limits' what imagery does that bring to mind? Does it excite you/frighten you/bore you/anger you? Why?
- Adventurer Bear Grylls, host of NBC's Running Wild with Bear Grylls, is quoted many times over the years saying 'It's not until we're pressed by our circumstances and our primal self is revealed that we know what we're made of.' What would you say to Bear? What is he hinting at?
- Take a few minutes and develop (3) reasons you should finish the Unleashed race strong and (3) reasons you might not be able to finish the Unleashed race strong. Which list calls forth the most emotion? Why do you believe you responded in this way? How does your response line up with Scripture?
- How can the group come alongside you and your family to encourage you to finish the Unleashed race strong?

Would you be willing to share your story of how you have pushed your limits during Unleashed?

Visit <http://rushcreek.org/submit-story/>