

RUN.

are you in?



Week 2 Discussion Guide

WARM UP

Watch: Week 2 video at <http://rcunleashed.org/groups/group-content/>

THE TEXT: WHAT DOES IT MEAN FOR ME?

Someone read Hebrews 12:1b

- As a child did you have a collection, a diary, a secret handshake with a friend, a secret made-up language etc.? If so, share it with a group. Why was it secret?
- When secrets are revealed it has a way of changing a person. In your view, what is it about secrets that bring such a strong sense of safety?
- Given that we tend to associate secrets with safety, if what is secret is harmful, why do we prioritize secrecy over help, encouragement or health? What are a few examples of this choice that you have observed?
- Would you describe yourself as someone who makes decisions decisively or do you like to mull things over? Does it depend on what it is? If so, what is your hierarchy of decision making?
- The writer of Hebrews says we are to 'lay aside' things that hinder us from pursuing the race of following Jesus. Describe a season/time/moment/experience where you put a qualifier on the phrase 'lay aside.' (i.e. I'll stop doing this if ____, When things pick up I will stop ____, As long as he/she does ____ then I will ____)
- If the writer of Hebrews were to be a fly-on-the-wall of your life for a day/week/month and evaluate how well you lived out Hebrews 12:1b, what letter grade would you receive? A, B, C, D, F
- When we attempt to interpret Scripture in a way that matches our circumstance we will drift into error. How can your group play a role in your journey with/to Christ?

Would you be willing to share your story of living out Hebrews 12:1b?

Visit <http://rushcreek.org/submit-story/>