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## Week 1 Discussion Guide

### WARM UP

**Watch:** Unleashed vision video on homepage of <http://rcunleashed.org>

### THE TEXT: WHAT DOES IT MEAN FOR ME?

Someone read Hebrews 12:1-3

- Think back to a time in your life when you were weary and were on the verge of losing heart to finish something. Share with the group the circumstances surrounding your experience.
- In the past, during your time of trial, what was the hardest part? What was the outcome of your trial?
- Some people would say when we're on the verge of losing heart we should get away from community until our trial is over. What would you tell them?
- Consider a big decision that you have made in your life (e.g. marriage, new home, back to school, new job). What was the tipping point(s) for that decision? How close were you to not making that decision at all? What were the circumstances?
- The writer of Hebrews writes to us telling us there are people who have run the Christian race and that God can be trusted and we should fix our eyes on Jesus because he serves as the example of how to get through every trial. How does this message sit with you? How easy is this message to ignore? To adopt?
- Someone read Hebrews 12:2-3 again. How do the experiences in your life line up with this text? Vastly different? How so? The same?
- How can the group pray for you?

Would you be willing to share your story of almost losing heart but Jesus pulled you through with us?

Visit <http://rushcreek.org/submit-story/>